



SUNDAY MENU

STARTERS

PRAWN COCKTAIL 	£9.5
<i>Shredded lettuce, Marie Rose sauce, granary bread & butter</i>	
CHICKEN LIVER PÂTÉ 	£8
<i>Warm toast & butter, caramelised onion marmalade, pea shoots & pancetta</i>	
HOMEMADE SOUP 	£7
<i>With warm bread roll & butter</i>	
MOZZARELLA STICKS 	£8.5
<i>With harissa mayonnaise</i>	

VEGETARIAN & VEGAN

VEGETABLE & CHICKPEA MADRAS CURRY 	£18
<i>Basmati rice, poppadum, lime pickle & mango chutney</i>	
LENTIL & VEGETABLE BOLOGNAISE 	£17.5
<i>Topped with parmesan, served with warm ciabatta</i>	
 <i>Vegan Parmesan option available on request</i>	

SUNDAY LUNCH

*Served from 12pm to 3pm every Sunday
(subject to availability when dining outside)
All are served with fresh seasonal vegetables,
cauliflower cheese & roasted potatoes*




MUSHROOM, SPINACH & TRUFFLE OIL SUET PUDDING 	£16.5
<i>Served with a vegetable jus</i>	
ROAST TOPSIDE OF BEEF 	£12.5/£16.5
<i>Served with Yorkshire pudding & gravy</i>	
VEGETARIAN NUT ROAST FINISHED WITH CRANBERRIES & APRICOT   	£12.5/£16.5
<i>Served with a vegetable jus</i>	
TENDER ROASTED LEG OF LAMB	£13.5/£18
<i>Served with rich gravy</i>	
ROASTED CROWN OF TURKEY 	£12.5/£16.5
<i>With sausage wrapped in bacon, sage & onion stuffing & gravy</i>	



MAINS

10OZ RUMP STEAK 	£26.5
<i>Cooked to your liking, served with rustic chips, tomato, peas, battered onion rings & portobello mushroom</i>	
STEAK SAUCE OPTIONS	
PEPPERCORN SAUCE 	£3
MANGO & STILTON GLAZE 	£3.5
GARLIC BUTTER 	£2.5
HOMEMADE BEEF LASAGNE	£14
<i>Salad & coleslaw</i>	
<i>Served as above with rustic chips & garlic bread</i>	£17.5
BEER BATTERED FILLET OF COD 	£18
<i>Rustic chips & mushy or garden peas</i>	
WHOLETAIL BREADED SCAMPI	£17.5
<i>Rustic chips & mushy or garden peas</i>	
10OZ GAMMON STEAK 	£19
<i>Topped with fried egg & pineapple, served with rustic chips, tomato, peas & battered onion rings</i>	
KITTOWS 6OZ BEEF BURGER	£16
<i>Brioche bun, rustic chips, battered onion rings & salad</i>	
<i>Add Cheddar cheese or smoked bacon for £1 each</i>	
CAJUN CHICKEN BURGER	£19
<i>Garlic mayonnaise, jalapenos, fresh coriander, lettuce & red onion in a brioche bun with rustic chips & battered onion rings</i>	
CAJUN CHICKEN CAESAR SALAD	£19
<i>Pancetta, herb croutons, Caesar dressing & Parmesan</i>	

JACKET POTATOES

<i>Served with salad garnish</i>	
DRESSED PRAWN JACKET 	£16
<i>With Marie Rose sauce</i>	
CAJUN CHICKEN JACKET 	£16
<i>Garlic mayonnaise & coriander</i>	
CHEDDAR CHEESE JACKET  	£13
<i>Caramelised onion marmalade</i>	
BEEF CHILLI JACKET 	£15
<i>Beef chilli, Cheddar cheese, jalapenos, coriander, spring onion & crispy bacon</i>	

 VEGETARIAN  VEGAN  VEGAN OPTION AVAILABLE

 GLUTEN FREE  GLUTEN FREE OPTION AVAILABLE

 CONTAINS NUTS OR TRACES OF NUTS

The Britannia

Freehouse and Waves Restaurant

THE BRITANNIA INN, RESTAURANT & ROOMS,
TREGREHAN, PAR, CORNWALL, PL24 2SL  
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SIDES & NIBBLES

RUSTIC CHIPS	£4.75
<i>Topped with Cheddar cheese</i>	£6
<i>or blue cheese</i>	£6.5
CAJUN CHIPS	£5
<i>Topped with Cheddar cheese</i>	£6.25
<i>or blue cheese</i>	£6.75
MOZZARELLA STICKS	£8.5
<i>With Harissa mayonnaise</i>	
GARLIC CIABATTA	£4.5
<i>Topped with Cheddar cheese</i>	£5
BREAD, OLIVES, ROCKET & BALSAMIC OIL	£8
HOUSE SALAD WITH COLESLAW	£6
BATTERED ONION RINGS	£4.5
BATTERED CHICKEN CHUNKS	£8
<i>With garlic mayonnaise & BBQ sauce dip</i>	

DESSERTS

WARM CHOCOLATE FUDGE CAKE	£7.5
<i>With Cornish clotted cream</i>	
APPLE & BLACKBERRY CRUMBLE	£8
<i>Served with Custard</i>	
HOMEMADE STICKY TOFFEE PUDDING 	£8.5
<i>Butterscotch sauce & vanilla ice cream</i>	
HOMEMADE CHOCOLATE & BLOOD ORANGE CHEESECAKE	£8.5
<i>Finished with orange syrup</i>	
CORNISH CHEESEBOARD 	£11
<i>Selection of Westcountry cheeses, biscuits, red onion marmalade & grapes</i>	

ICES

ICE CREAM 	2 Scoops £5.5 / 3 Scoops £7
<i>Strawberry, chocolate, vanilla or salted caramel with wafer curl</i>	
VEGAN ICE CREAM  	2 Scoops £6.5 / 3 Scoops £7.5
<i>Caramel or vanilla</i>	
CHOCOLATE BROWNIE SUNDAE 	£8.5
<i>Vanilla & chocolate ice cream, chocolate brownie, whipped cream, chocolate sauce & wafer curl</i>	
ETON MESS SUNDAE 	£8.5
<i>Vanilla & strawberry ice cream finished with mixed berries, whipped cream, raspberry sauce, meringue & wafer curl</i>	

CHILDREN'S MENU

CHILDREN'S MAINS




BATTERED COD GOUJONS 	£7
<i>Chips & peas or beans</i>	
CHICKEN NUGGETS	£7
<i>Chips & peas or beans</i>	
PENNE PASTA 	£7
<i>Simply served in a tomato sauce topped with cheese & served with garlic bread</i>	
KITTOWS 4OZ BEEF BURGER	£7
<i>In a bun with chips, peas or beans</i>	
<i>Add Cheddar cheese for £1</i>	
VEGAN SAUSAGES 	£7
<i>Chips & peas or beans</i>	
PORK SAUSAGES	£7
<i>Chips & peas or beans</i>	

CHILDREN'S DESSERTS

2 SCOOPS OF ICE CREAM	£5.5
<i>With wafer curl</i>	
<i>Strawberry, chocolate, vanilla, salted caramel</i>	
2 SCOOPS OF VEGAN ICE CREAM  	£6.5
<i>Caramel or vanilla</i>	
CHOCOLATE BROWNIE SUNDAE 	£6.5
<i>Chocolate ice cream, whipped cream, chocolate sauce & marshmallows</i>	
STRAWBERRY SUNDAE 	£6.5
<i>Strawberry ice cream, whipped cream, strawberry sauce & chocolate stars</i>	
STRAWBERRY JELLY & VANILLA ICE CREAM 	£5.5

Please advise your server if you have any dietary or intolerance requests. Please note although we offer gluten free options we are not a gluten free establishment, we cannot ensure that cross contamination will not occur. We may require a pre-order for all groups or parties over 15 persons.

All weights of our meat are approximate uncooked. All meals may contain nuts or nut derivatives. Fish may contain small bones. All our food is prepared in a kitchen where nuts, gluten and other allergens are present and our menu descriptions do not include all ingredients. If you have a food allergy, please let us know before ordering. Full allergen information is available on request.

 VEGETARIAN  VEGAN  VEGAN OPTION AVAILABLE

 GLUTEN FREE  GLUTEN FREE OPTION AVAILABLE

 CONTAINS NUTS OR TRACES OF NUTS