

The
Britannia Inn
Freehouse and Waves Restaurant

THE BRITANNIA INN, RESTAURANT & ROOMS,
TREGREHAN, PAR, CORNWALL, PL24 2SL  
01726 812889 | WWW.BRITANNIAINN.COM | INFO@BRITANNIAINN.COM



STARTERS

PRAWN COCKTAIL 	£9.5
<i>Shredded lettuce, Marie Rose sauce, granary bread & butter</i>	
ORIENTAL DUCK & VEGETABLE SPRING ROLL	£9
<i>Crispy rice noodles, hoisin & sweet chilli sauce</i>	
CHICKEN LIVER PÂTÉ 	£8
<i>Warm toast & butter, caramelised onion marmalade, pea shoots & pancetta</i>	
HOMEMADE SOUP 	£7
<i>With warm bread roll & butter</i>	
MOZZARELLA STICKS 	£8.5
<i>With harissa mayonnaise</i>	

VEGETARIAN & VEGAN

VEGETABLE & CHICKPEA MADRAS CURRY 	£18
<i>Basmati rice, poppadum, lime pickle & mango chutney</i>	
LENTIL & VEGETABLE BOLOGNAISE 	£17.5
<i>Topped with parmesan, served with warm ciabatta</i>	
 <i>Vegan Parmesan option available on request</i>	
PLANT BASED MEAT STYLE BURGER 	£18
<i>Topped with grilled halloumi, served in a brioche bun with lettuce, tomato, red onion & garlic mayonnaise</i>	

JACKET POTATOES

<i>Served with salad garnish</i>	
DRESSED PRAWN JACKET 	£16
<i>With Marie Rose sauce</i>	
CAJUN CHICKEN JACKET 	£16
<i>Garlic mayonnaise & coriander</i>	
CHEDDAR CHEESE JACKET  	£13
<i>Caramelised onion marmalade</i>	
BEEF CHILLI JACKET 	£15
<i>Beef chilli, Cheddar cheese, jalapenos, coriander, spring onion & crispy bacon</i>	

TOASTED CIABATTAS







<i>Served with a handful of rustic chips</i>	
RUMP STEAK OPEN CIABATTA	£17
<i>Strips of rump steak & portobello mushroom in a sweet chilli sauce on toasted ciabatta, battered onion rings & rocket</i>	
CRISPY SMOKED BACON & CORNISH BRIE CIABATTA	£14.5
<i>With red onion marmalade on toasted ciabatta, battered onion rings & rocket</i>	

MAINS

10OZ RUMP STEAK 	£26.5
<i>Cooked to your liking, served with rustic chips, tomato, peas, battered onion rings & portobello mushroom</i>	
STEAK SAUCE OPTIONS	
PEPPERCORN SAUCE 	£3
MANGO & STILTON GLAZE 	£3.5
GARLIC BUTTER 	£2.5
HOMEMADE BEEF LASAGNE	£14
<i>Salad & coleslaw</i>	
<i>Served as above with rustic chips & garlic bread</i>	
BEER BATTERED FILLET OF COD 	£18
<i>Rustic chips & mushy or garden peas</i>	
WHOLETAIL BREADED SCAMPI	£17.5
<i>Rustic chips & mushy or garden peas</i>	
10OZ GAMMON STEAK 	£19
<i>Topped with fried egg & pineapple, served with rustic chips, tomato, peas & battered onion rings</i>	
KITTOWS 6OZ BEEF BURGER	£16
<i>Brioche bun, rustic chips, battered onion rings & salad</i>	
<i>Add Cheddar cheese or smoked bacon for £1 each</i>	
CAJUN CHICKEN BURGER	£19
<i>Garlic mayonnaise, jalapenos, fresh coriander, lettuce & red onion in a brioche bun with rustic chips & battered onion rings</i>	
CHEF'S CHICKEN TIKKA MASALA 	£19.5
<i>Basmati rice, poppadum, lime pickle & mango chutney</i>	
CHEF'S PIE OF THE DAY	£19
<i>Please ask your server for today's choice</i>	
SLOW COOKED BEEF BRISKET 	£20
<i>Roasted winter vegetables & potatoes, red wine sauce</i>	
CAJUN CHICKEN CAESAR SALAD	£19
<i>Pancetta, herb croutons, Caesar dressing & Parmesan</i>	
SALMON SALAD	£21
<i>Lightly spiced salmon medallions on a bed of marinated olives & potato, rocket, sunblush tomato, Parma ham & Brie with garlic mayonnaise</i>	

SIDES & NIBBLES

RUSTIC CHIPS	£4.75
<i>Topped with Cheddar cheese</i>	
<i>or blue cheese</i>	
CAJUN CHIPS	£5
<i>Topped with Cheddar cheese</i>	
<i>or blue cheese</i>	
MOZZARELLA STICKS	£8.5
<i>With Harissa mayonnaise</i>	
GARLIC CIABATTA	£4.5
<i>Topped with Cheddar cheese</i>	
BREAD, OLIVES, ROCKET & BALSAMIC OIL	£8
HOUSE SALAD WITH COLESLAW	£6
BATTERED ONION RINGS	£4.5
BATTERED CHICKEN CHUNKS	£8
<i>With garlic mayonnaise & BBQ sauce dip</i>	

 VEGETARIAN  VEGAN  VEGAN OPTION AVAILABLE
 GLUTEN FREE  GLUTEN FREE OPTION AVAILABLE
 CONTAINS NUTS OR TRACES OF NUTS

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SUNDAY LUNCH

*Served from 12pm to 3pm every Sunday
(subject to availability when dining outside)
All are served with fresh seasonal vegetables,
cauliflower cheese & roasted potatoes*

MUSHROOM, SPINACH & TRUFFLE OIL SUET PUDDING 	£16.5
<i>Served with a vegetable jus</i>	
ROAST TOPSIDE OF BEEF 	£12.5/£16.5
<i>Served with Yorkshire pudding & gravy</i>	
VEGETARIAN NUT ROAST FINISHED WITH CRANBERRIES & APRICOT  	£12.5/£16.5
<i>Served with a vegetable jus</i>	
TENDER ROASTED LEG OF LAMB	£13.5/£18
<i>Served with rich gravy</i>	
ROASTED CROWN OF TURKEY 	£12.5/£16.5
<i>With sausage wrapped in bacon, sage & onion stuffing & gravy</i>	

DESSERTS

WARM CHOCOLATE FUDGE CAKE 	£7.5
<i>With Cornish clotted cream</i>	
APPLE & BLACKBERRY CRUMBLE	£8
<i>Served with Custard</i>	
HOMEMADE STICKY TOFFEE PUDDING 	£8.5
<i>Butterscotch sauce & vanilla ice cream</i>	
HOMEMADE CHOCOLATE & BLOOD ORANGE CHEESECAKE	£8.5
<i>Finished with orange syrup</i>	
CORNISH CHEESEBOARD 	£11
<i>Selection of Westcountry cheeses, biscuits, red onion marmalade & grapes</i>	

ICES

ICE CREAM 	2 Scoops £5.5 / 3 Scoops £7
<i>Strawberry, chocolate, vanilla or salted caramel with wafer curl</i>	
VEGAN ICE CREAM  	2 Scoops £6.5 / 3 Scoops £7.5
<i>Caramel or vanilla</i>	
CHOCOLATE BROWNIE SUNDAE 	£8.5
<i>Vanilla & chocolate ice cream, chocolate brownie, whipped cream, chocolate sauce & wafer curl</i>	
ETON MESS SUNDAE 	£8.5
<i>Vanilla & strawberry ice cream finished with mixed berries, whipped cream, raspberry sauce, meringue & wafer curl</i>	




CHILDREN'S MENU

CHILDREN'S MAINS

BATTERED COD GOUJONS 	£7
<i>Chips & peas or beans</i>	
CHICKEN NUGGETS	£7
<i>Chips & peas or beans</i>	
PENNE PASTA 	£7
<i>Simply served in a tomato sauce topped with cheese & served with garlic bread</i>	
KITTOWS 4OZ BEEF BURGER	£7
<i>In a bun with chips, peas or beans Add Cheddar cheese for £1</i>	
VEGAN SAUSAGES 	£7
<i>Chips & peas or beans</i>	
PORK SAUSAGES	£7
<i>Chips & peas or beans</i>	

CHILDREN'S DESSERTS

2 SCOOPS OF ICE CREAM	£5.5
<i>With wafer curl Strawberry, chocolate, vanilla, salted caramel</i>	
2 SCOOPS OF VEGAN ICE CREAM  	£6.5
<i>Caramel or vanilla</i>	
CHOCOLATE BROWNIE SUNDAE 	£6.5
<i>Chocolate ice cream, whipped cream, chocolate sauce & marshmallows</i>	
STRAWBERRY SUNDAE 	£6.5
<i>Strawberry ice cream, whipped cream, strawberry sauce & chocolate stars</i>	
STRAWBERRY JELLY & VANILLA ICE CREAM 	£5.5

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*All weights of our meat are approximate uncooked. All meals may
contain nuts or nut derivatives. Fish may contain small bones.
All our food is prepared in a kitchen where nuts, gluten and other
allergens are present and our menu descriptions do not include all
ingredients. If you have a food allergy, please let us know before ordering.
Full allergen information is available on request.*

*Please advise your server if you have any dietary or intolerance requests. Please note although
we offer gluten free options we are not a gluten free establishment, we cannot ensure that cross
contamination will not occur. We may require a pre-order for all groups or parties over
15 persons.*

AA 4* GUEST ROOMS

*We offer Bed & Breakfast & have 8 individual,
spacious & comfortable guest rooms*