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The
Britannia
Inn
and Waves Restaurant

STARTERS

WARM ORIENTAL DUCK SALAD (N) £8

With hoisin sauce and sticky cashews

PRAWN COCKTAIL £8

Prawns served on baby gem lettuce, black pepper & lime mayonnaise with granary bread

GRILLED GOATS CHEESE £7.50

Goats cheese, warm focaccia, honey baked figs, toasted walnuts thyme & watercress

HOMEMADE CHICKEN LIVER PATE £7.50

Chicken liver pate, warm toast, caramelised red onion marmalade

HALLOUMI FRIES (V) £8

With harissa mayonnaise

FROM OUR GRILL

Served with rustic chips, tomato, peas & battered onion rings

10oz GAMMON STEAK* (GFO) £16.50

Topped with fried free-range egg, pineapple

10oz RUMP STEAK* (GFO) £20

Cooked to your liking, served with a portobello mushroom

STEAK SAUCE OPTIONS (GF) £2.50

Peppercorn sauce £2.50
Port & stilton sauce £2.50
Garlic butter £1.50

NEW YORK CHICKEN* (GFO) £16.50

Breast of chicken topped with smoked bacon, BBQ sauce & melted cheddar cheese

KITTOWS 6oz BEEF BURGER £14

Brioche bun, rustic chips, battered onion rings & salad
Add cheddar cheese or bacon for £1.00 each

*Available as (GFO) option without onion rings

CLASSIC MAINS

CHEF'S CHICKEN TIKKA MASALA £15

Basmati rice, poppadum, lime pickle & mango chutney

HOMEMADE BEEF LASAGNE £12.50

Served with salad & coleslaw
Served as above with rustic chips & garlic bread £15

BEER BATTERED FILLET OF COD (GFO) £12.50

Served with rustic chips, mushy or garden peas & tartar sauce

Small cod served with above £12.50
Large cod served with above £15

WHOLETAIL BREADED SCAMPI £12.50

Served with rustic chips, mushy or garden peas & tartar sauce

Small scampi served with above £12.50
Large scampi served with above £15

CHEFS BUBBLE & SQUEAK (GF) £13

With smoked bacon, 2 free-range fried eggs & chilli ketchup

BEEF CHILLI NACHOS TO SHARE (GF) £14.50

Sour cream, salsa, cheddar cheese & jalapenos

GRILLED CAJUN SALMON (GF) £17.50

On a bed of rocket, with cornish brie, parma ham olives, sunblush tomato & new potatoes with garlic mayonnaise

SUNDAY LUNCH

Served from 12pm every Sunday

Choice of two meats and a large selection of fresh vegetables with all the trimmings. Please ask your server today's choice of meats.

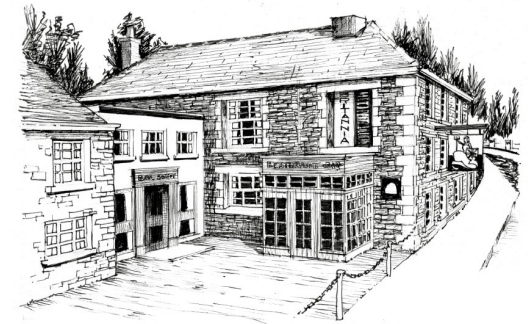
Vegetarian roast options available on request.

CHILD'S (under 10's) £7

REGULAR £10

LARGE £12

*£1 supplement for roast lamb



AA 4* GUEST ROOMS

We offer bed & breakfast & have 8 individual, spacious & comfortable guest rooms

SIDES

RUSTIC CHIPS (V) £4

Topped with cheddar or blue cheese £5

SWEET POTATO FRIES (V) £4.50

Topped with cheddar or blue cheese £5.50

HALLOUMI FRIES (V) £8

With harissa mayonnaise

GARLIC CIABATTA £4

Topped with cheddar cheese £5

BREAD, OLIVES, ROCKET & BALSAMIC OIL (V) £7

SIDE SALAD WITH COLESLAW (V) £4

BATTERED ONION RINGS (V) £4

BATTERED CHICKEN CHUNKS £8

With garlic mayonnaise & BBQ sauce dip

(PLEASE ADVISE YOUR SERVER IF YOU HAVE ANY DIETARY OR INTOLERANCE REQUESTS PLEASE NOTE WE REQUIRE A PRE-ORDER FOR ALL GROUPS OR PARTIES OVER 10 PERSONS)
(V) SUITABLE FOR VEGETARIANS | (VG) SUITABLE FOR VEGANS | (GF) GLUTEN FREE | (N) DISH CONTAINS NUTS OR TRACES OF NUTS | (GFO) GLUTEN FREE OPTION AVAILABLE
PLEASE NOTE ALTHOUGH WE OFFER GLUTEN FREE OPTIONS WE ARE NOT A GLUTEN FREE ESTABLISHMENT, WE CANNOT ENSURE THAT CROSS CONTAMINATION WILL NOT OCCUR.

All weights of our meat are approximate uncooked. All meals may contain nuts or nut derivatives. Fish may contain small bones. All our food is prepared in a kitchen where nuts, gluten and other allergens are present and our menu descriptions do not include all ingredients. If you have a food allergy, please let us know before ordering. Full allergen information is available on request.

THE BRITANNIA INN

RESTAURANT & ROOMS

TREGREHAN, PAR

CORNWALL, PL24 2SL

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VEGETARIAN & VEGAN

VEGETABLE & CHICKPEA MADRAS (VG)(GF) £15

With basmati rice, poppadum, lime pickle & mango chutney

HALLOUMI, PORTOBELLO MUSHROOM £15

& ROASTED RED PEPPER (V)(GFO)

Served in a brioche bun with Greek yoghurt guacamole & rocket with sweet potato fries & onion rings

VEGAN SAUSAGE & GARLIC MUSHROOM RISOTTO (VG) £15.50

Finished with pea shoots, spinach & parmesan

VEGETABLE CHILLI NACHO'S TO SHARE (GF)(V) £14

Served with sour cream, salsa, cheese & jalapenos

ITALIAN STYLE FLATBREADS

Served with salad & handful of rustic chips

SMOKED BACON, CORNISH BRIE £12.50

With red onion marmalade

PIRI PIRI CHICKEN BREAST £12.50

With crisp lettuce & garlic mayo

RUMP STEAK £14

Strips of rump steak, mango & blue cheese

BAKED JACKET POTATOES

Freshly baked and served with salad

DRESSED PRAWNS (GF) £13

With spring onion, lime & black pepper mayonnaise

WESTCOUNTRY CHEDDAR CHEESE (V)(GF) £11.50

With red onion marmalade on the side

HOMEMADE BEEF CHILLI (GF) £12

Topped with cheese & sour cream

CHILDRENS MENU

MAINS

CHICKEN NUGGETS & CHIPS £6

With peas or beans

MAC' n CHEESE (V) £6

With garlic ciabatta

KITTOWS 4OZ BEEF BURGER £6

In a bun with chips & peas or beans

PORK SAUSAGE & CHIPS £6

With peas or beans

VEGAN SAUSAGE & CHIPS (VG) £6

With peas or beans

PASTA BOLOGNESE £6

With cheddar cheese

BATTERED COD BITES (GFO) £6

With chips & peas or beans

DESSERTS

2 SCOOP ICE CREAM WITH WAFER (GFO) £4

Strawberry, chocolate, vanilla or salted caramel

2 SCOOP VEGAN ICE CREAM (VG) (GFO) £5

Chocolate or vanilla

CHOCOLATE BROWNIE SUNDAE (GFO) £5

Chocolate ice cream, whipped cream, chocolate sauce & marshmallows

STRAWBERRY SUNDAE (GFO) £5

Strawberry ice cream, whipped cream, strawberry sauce & chocolate stars



DESSERTS

WARM CHOCOLATE FUDGE CAKE £7

With Cornish clotted cream

BAKED VANILLA CHEESECAKE £7

With raspberry coulis & Cornish clotted cream

ETON MESS (N) (GF) £7

With chocolate, hazelnut & honeycomb

STICKY TOFFEE PUDDING £7.50

Warm butterscotch sauce & salted caramel ice cream

WARM TREACLE TART £6.50

With Cornish clotted cream

CORNISH CHEESEBOARD (N)(V)(GFO) £9.50

Davidstow mature cheddar, wild garlic Yarg, Helford blue & Trevarrian brie, with biscuits, onion chutney & grapes

ICES

ICE CREAM (GFO)

Strawberry, chocolate, vanilla or salted caramel with wafer

2 scoops £4

3 scoops £5

VEGAN ICE CREAM

Chocolate or vanilla

2 scoops £5

3 scoops £6

HONEYCOMB & VANILLA SUNDAE (GFO) £7

Served with whipped cream & wafer

CHOCOLATE BROWNIE SUNDAE (GFO) £7

Served with whipped cream & wafer

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